



DIXON HIGH SCHOOL  
**CROSS COUNTRY 2009**

**DIXON RAMS**

DAY	DATE	OPPONENT	LOCATION	TIME	DEPARTURE
Sat.	Sept. 5	Lagoon Valley Invite	Vacaville	9:00 a.m.	7:00 a.m.
Thurs.	Sept. 17	CVC meet # 1	Elk Grove	4:00 p.m.	2:00 p.m.
Sat.	Sept. 26	Frog Town Invite	Calaveras County Fairgrounds Angel's Camp	9:30 a.m.	Approximately 6:30 a.m.
Wed.	Sept. 30	CVC meet # 2	Elk Grove	4:00 p.m.	2:00 p.m.
Sat.	Oct. 3	Yolo Co. Champs Invite	Muller Vineyard Woodland	8:00 a.m.	Approximately 6:30 a.m.
Wed.	Oct. 14	CVC meet # 3	Granite Park	4:00 p.m.	2:00 p.m.
Sat.	Oct. 17	Bella Vista Bronco Invite	Willow Hill Cross Country Course Folsom	11:00 a.m.	8:00 a.m.
Wed.	Oct. 28	CVC meet # 4	Folsom High School	3:30 p.m.	1:30 p.m.

**Head Coach:** Jennifer Ramsey **Asst. Coach:** Maggie Vieira

**Principal:** Ivan Chaidez **Athletic Director:** Nick Girimonte **Colors:** Green, Black and White **Mascot:** Rams

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